



Realignment of Mental Health Institutes Facility Plan Overview and Update

To modernize the mental health delivery system for our patients, the Department of Human Services (DHS) is realigning its mental health institutes (MHIs) and will deliver treatment through the state's two nationally-accredited facilities at Independence and Cherokee. Independence will expand its adult in-patient psychiatric hospital capacity by 30 beds. Funding is not recommended for the Mt. Pleasant and Clarinda facilities past June 30, 2015.

We believe there are community-based programs and facilities available and more coming online to serve the majority of Iowans' mental health needs now and into the future. This will allow the state and mental health and disability regions, which have \$100 million in surpluses, to focus on expanding and offering quality psychiatric services closer to home for Iowans with the most critical mental health needs

	Mt. Pleasant Mental Health Institute
Adult Psychiatric	<ul style="list-style-type: none">• Background:<ul style="list-style-type: none">○ Budgeted capacity of 9 beds○ Average Daily Census (ADC) is 8○ Admitted just 7 individuals CY 2014○ CY 2014 per diem is \$785○ Mt Pleasant does not have a psychiatrist• Realignment Plan:<ul style="list-style-type: none">○ Admissions stopped February 2 at that time census was 6 patients○ Patients completed treatment and were discharged. Those needing continued in-patient hospital treatment were transferred to Independence MHI.○ DHS will coordinate with local MHDS Regions, mental health providers, substance abuse treatment providers and others to continue developing regional capacity○ Psychiatric hospital bed tracking system will be developed and implemented• Current Status as of April 6, 2015<ul style="list-style-type: none">○ Census is 0○ 1 patient completed treatment and 5 patients were transferred to IMHI.○ Layoffs were announced March 5 and effective April 6○ MHDS Regions to review current service development plans and next steps

Dual Diagnosis	<ul style="list-style-type: none"> • Background: <ul style="list-style-type: none"> ○ Budgeted capacity of 15 beds ○ ADC has been trending down and was 12 patients in CY2014 ○ To meet SFY 15 budget, ADC must be 14. Prior to closure decision DHS projected at least a \$500,000 shortfall ○ Per diem \$785. Other residential substance abuse treatment providers' per diems range from \$131 to \$136 ○ Mt Pleasant does not have a psychiatrist • Realignment Plan: <ul style="list-style-type: none"> ○ Admissions stopped February 2 ○ All patients completed treatment and were discharged to community treatment ○ Working with Iowa Department of Public Health (IDPH) to identify beds for dual diagnosis treatment • Current Status as of April 6, 2015: <ul style="list-style-type: none"> ○ Census is 0 ○ All patients completed treatment and were discharged to community treatment ○ Layoffs were announced March 5 and effective April 6 ○ Two meetings were held with IDPH and substance abuse providers to identify available substance abuse treatment beds that serve individuals with dual diagnosis. More than 400 beds were identified. ○ IDPH has identified staff to provide assistance for individuals seeking residential substance abuse treatment
30-day Substance Use	<ul style="list-style-type: none"> • Background: <ul style="list-style-type: none"> ○ Budgeted capacity of 50 beds ○ ADC is 32 ○ Per diem \$241. Other residential substance abuse treatment providers' per diems range from \$131 to \$136 • Realignment Plan: <ul style="list-style-type: none"> ○ Will coordinate with IDPH and service providers for adequate and appropriate substance alternative abuse service to serve this patient profile. IDPH has identified more than 600 residential substance abuse beds in the community ○ Layoffs will be announced on or about May 5 and effective on or about June 11 • Current Status as of April 6, 2015 <ul style="list-style-type: none"> ○ Current census is 17

	Clarinda Mental Health Institute
Adult Psychiatric	<ul style="list-style-type: none"> • Background: <ul style="list-style-type: none"> ○ Budgeted capacity of 15 beds ○ ADC is 6 ○ Per diem is \$857 ○ 37% of admissions are voluntary compared with less than 3% at the other MHIs ○ The median length of stay is 7 days, which is comparable to a community hospital, which generally runs 3 to 5 days ○ Psychiatrist will retire in early summer • Realignment Plan: <ul style="list-style-type: none"> ○ Patients are expected to complete treatment ○ Few, if any, patients will need to transfer to another MHI to complete treatment ○ Layoffs announced on or about April 20 and effective May 18 • Current Status as of April 6, 2015 <ul style="list-style-type: none"> ○ Current census is 4
Gero-psychiatric	<ul style="list-style-type: none"> • Background: <ul style="list-style-type: none"> ○ Budgeted capacity of 20 beds ○ 11 individuals are in the general population ○ 4 sex offenders required to be registered ○ Per diem is \$742 compared to NF/MI at \$170 to \$245 ○ No new admissions were made unless a vacancy occurred ○ In the past year, admissions were closely managed due to the admission of 4 sex offending individuals who require intensive staffing • Realignment Plan: <ul style="list-style-type: none"> ○ Locate appropriate alternative settings for the general population that meets their needs with consideration for the residents' and families' goals and preferences. Coordinate with Closure Team. ○ Locate special settings for 4 sex offenders that ensures public safety ○ Layoffs announced on or about May 18 and effective June 18 • Current Status as of April 6, 2015 <ul style="list-style-type: none"> ○ Current census is 11 in the general population and 4 sex offenders. ○ Patients and families have been notified ○ Facilities have been contacted to determine interest in serving the residents in the general population ○ Working with Closure Team with weekly meetings ○ Professional staff are finding appropriate alternative placements in nursing facilities for general population residents ○ Special setting options are being evaluated for the sex offenders